## LOYOLA MARYMOUNT UNIVERSITY CANCER SUPPORT RESOURCES



## **Employee Assistance Program (EAP)**

Health Advocate provides support, resources and information to help you and your family deal with cancer. For more information contact Health Advocate at (866) 695-8622 or email answers@healthadvocate.com or visit the website at healthadvocate.com

## **LMU Cancer Network**

is offered by the Center for Ignatian Spirituality. Some members of LMU faculty and staff have inaugurated a "cancer mentoring network" for those of us who have had cancer recently or are caretakers of loved ones with cancer. For more information, click here or call 310-338-1806

## **Cancer Support Groups**

Support groups and information for patients, caregivers and families of cancer patients can be helpful. The following offer help and support:

- The <u>American Cancer Society</u> (ACS) runs thousands of cancer support groups nationwide. It also
  maintains a list of organizations that offer support groups. If you don't want to search online, you
  can contact the ACS toll free at 1-800-ACS-2345. Cancer information specialists are available 24
  hours a day.
- The ACS's <u>Cancer Survivors Network</u>, an online community created by and for cancer survivors and their loved ones. There you can find discussion boards and live chats. For individuals without internet access, a phone network is available through the toll-free number 1-877-333-HOPE.
- The <u>Cancer Support Community</u> offers online support groups for patients, caregivers and those who have completed their cancer treatment. It also has more than two dozen <u>facilities</u> throughout the United States that offer a wide range of support services.
- <u>The National Cancer Institute</u> conducts, and supports cancer research across the nation to advance scientific knowledge and help all people live longer, healthier lives.
- <u>Leukemia & Lymphoma Society</u> is the world's largest voluntary health agency dedicated to blood cancer. It offers support groups to people affected by blood cancers, including patients, family members and caregivers.

For additional information, contact the Work/Life Resource Counselor at 310-338-7417